



Hallmoor Key Stage 4 Health and Social Care Long Term Plan

In Key stage 4 at Hallmoor School, students who choose Health and Social Care as an option will partake in obtaining a Pre-Entry or Entry Level qualification from AQA Unit Award Schemes. Within this option, pupils will be given the opportunity to build their experience, skills, and ideas through different schemes of work that will enable them to learn about a mixture of topics.

Based on the BTEC Health and Social Care qualification, AQA Unit Awards have been picked to mirror the units taught in mainstream. BTEC Health and Social Care is split into 3 components – Component 1: Human Lifespan Development; Component 2: Health and Social Care Services and Values; Component 3: Health and Wellbeing. Therefore, the same component headings will be used, with AQA Units chosen to fit into these categories. Students will achieve one AQA unit award per half term over the two years that they complete the course. Differentiated opportunities will arise throughout the subject, and new units can be added for the ever-changing needs of the cohorts.

In the final half term of both years, the pupils will learn about specific care jobs they could undertake in their local area and the qualities they need for this. This links to the Preparing for Adulthood document (PfA, 2022) which states schools should 'provide a curriculum which supports children and young people to build their hopes and aspirations for the future'. These ideas can then be brought forward to their Year 10 and Year 11 careers meetings, with the pupils knowing jobs they could undertake in the Health and Social Care sector.

Aims:

- To understand human growth and development across life stages
- To show awareness of factors affecting growth and development
- To understand how individuals deal with life events
- To know distinct types of life event
- To understand how people cope with change caused by life events
- Understand the diverse types of health and social care services and barriers to accessing them
- Know factors that affect health and wellbeing
- Give recommendations and actions to improve health and wellbeing
- Show understanding of barriers and obstacles to following recommendations



**Hallmoor Key Stage 4
Health and Social Care
Long Term Plan
2 Year Rolling Programme**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Human Lifespan Development		Health and Wellbeing		Health and Social Care Services and Values	
Year 1	Growth and Development of a Child, Birth to 5 Years (Unit 110229)	Introduction to Care for the Elderly (Unit 87940)	Caring for Ourselves (Unit 110904)	Lessons for Life: Emotional and Mental Wellbeing (Unit 110862)	Health Needs of Groups (Unit 116599)	Qualities and Skills to Work in Care (Unit 116331)
Year 2	Life Stages (Unit 117391)	Planning a Bedroom for a Baby (Unit 110466)	Introduction to Food and Health (Unit 82703)	Emotional Wellbeing: The Five Ways of Wellbeing (Unit 115730)	Investigating Health and Social Care Services (Unit 94442)	Jobs in Health and Social Care (ST432)